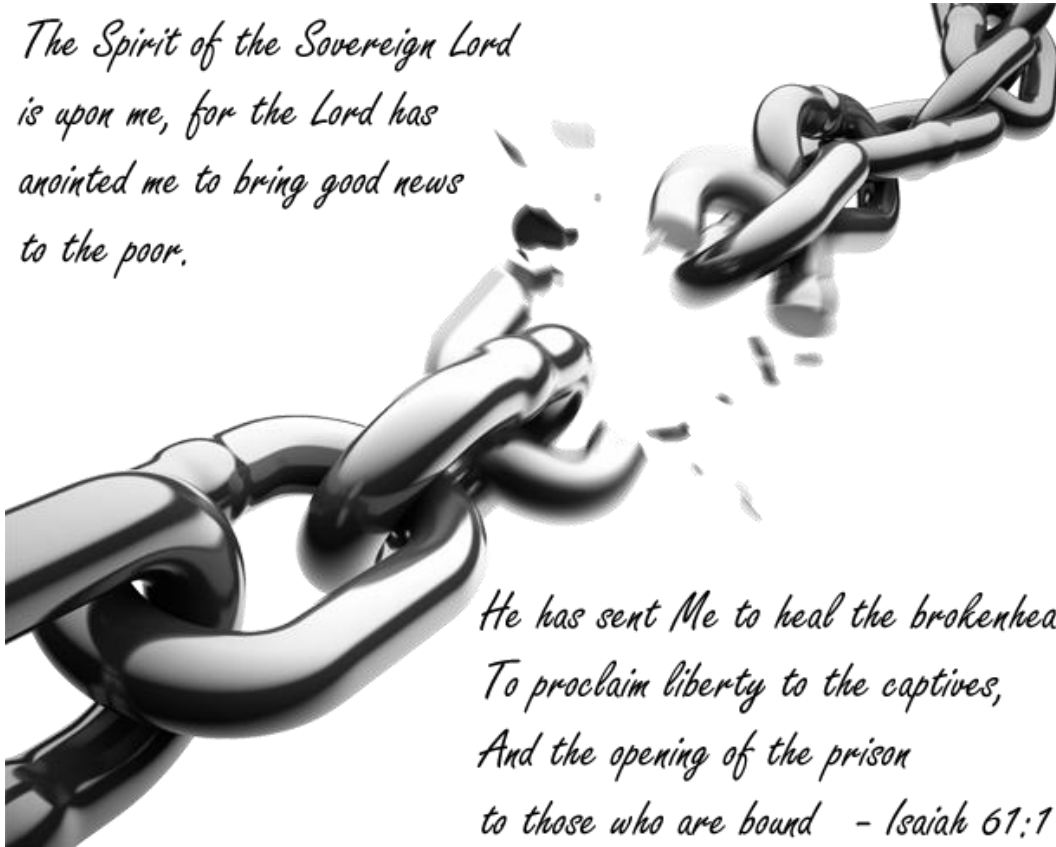


‘Crucifying Self’

Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord
is upon me, for the Lord has
anointed me to bring good news
to the poor.*



*He has sent Me to heal the brokenhearted,
To proclaim liberty to the captives,
And the opening of the prison
to those who are bound - Isaiah 61:1*



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******Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.**

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

Prayer Of Protection: “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.

Idolatry of self – For people who put their own needs and self-will above God's will. 'Self' is our flesh and carnal nature! It is also when we put our own needs above others also, and when we put our lives above the call of God in our life. When we enter into idolatry of self the Lord showed me that it can create blockages to our prayers reaching Him. He told me to pray in tongues each day as much as I could to bypass this problem as the Holy Spirit intercedes for us and tells the Father what we need. For a long time I was suffering with infirmities that really took their toll on me. I would pray and pray for healing when one day the Holy Spirit revealed how these infirmities impacted my family also. He asked me to pray for my healing 'for the sake of my family'. You see I was praying from a place of need for self when there were other parties involved who would also benefit from my healing.

The spirit of the anti-Christ is in our flesh. Antichrist is in the world, and our flesh is of the world. We need to sever the ungodly soul tie to the world, our self and the anti-Christ spirit. ***Beloved, do not believe every spirit, but test the spirits, whether they are of God; because many false prophets have gone out into the world. By this you know the Spirit of God: Every spirit that confesses that Jesus Christ has come in the flesh is of God, and every spirit that does not confess that Jesus Christ has come in the flesh is not of God. And this is the spirit of the Antichrist, which you have heard was coming, and is now already in the world (1 John 4:1-3, NKJV).*** When we can get to the place of being able to declare that Jesus Christ has come **fully** into our flesh, we know we have been glorified. This is the ultimate transformation, for God to create us into the express image of Jesus. When we get to this place it means that our born-again spirit has crucified the flesh (our mind, will, emotions and physical bodies). Most believe we inherit our new bodies at the resurrection when Jesus returns, which is true, but I also believe our physical bodies can be healed and made new as we crucify, deliver and let God heal

our soul. Idolatry of self can also be when we focus on our problems and indulge in self-pity. We can also operate with narcissistic tendencies.

Narcissists are people who have an overpowering need to feel important and special. The narcissist overdoes self-caring and demands it from others. We may even help others because we want something from it such as recognition, approval, money or praise. When was the last time you did something with a pure motive - simply to bless and love another and not to receive? Self can be when we operate in our gifting for our own purpose and desire to be spiritually prominent, when we should be operating out of a completely self-less place. Recently the Holy Spirit said to me **"Do you want to go all the way in Me to satisfy self and all your needs or to do My perfect will so You can glorify me and help me to save souls"?** He told me that I didn't need to answer and that He would give me the answer as He could see right into my heart. He told me when I was first saved the desire to gain approval through His amazing gifts that I operated in was greater than my desire to glorify Him (although I loved glorifying Him), and now five years on it was equal. I knew this to be true so I asked Him to please heal all the rejection in me so that I would no longer want to seek any of His glory for myself. Our gifts are to glorify God and save the lost but the rejection within me still craved approval and recognition. Part of my drive to serve God was for self-prominence. (You can't hide anything from God). God told me He understood our need for self-recognition especially when what we do in Him involves our own time, energy and self-sacrifice and not to beat myself up for it, but the desire to glorify Him and save others needs to be ahead of the need to glorify self. It is part of our fleshly make up to desire praise and approval but God wants to get us to a place where our drive or focus becomes secondary to Him and His purpose. When we can come to that place He can then heal that need in us with so much of His perfect love that we will no longer need it!

Our whole purpose in Him is to operate in a completely self-less place of love - love for Him and love for others. When we walk in that love we will want for nothing. We need to ask God to help to heal us so that glorifying Him becomes more important than glorifying self. The more self-will that is driven from us, the more anointing we will walk in. God once said to me **"I cannot give you more of my power and anointing when you still seek to exalt self"**. The more 'self' that is removed the more clearly we can hear the leading and guidance of the Holy Spirit, and the more we walk in the Spirit and not the flesh. Sometimes we can put man ahead of God. Being embarrassed and worrying what others think can actually hinder the call of God on our lives. We may want to keep the peace in our homes so we sacrifice our call in God to please our family. Our family unity is very important but the Bible tells us to always put God first. Be aware though that the devil will use this one against and perhaps mimic the voice of the Holy Spirit and tell you to do something that will cause division in your family in the false belief you are doing the will of God. Test everything! Doing God's will rather than our own provides discernment and true understanding of doctrine. The only way to remove self is to lay down our flesh, bear the cross and say 'Your will be done Father God, not mine'! A good prayer to pray is 'Father God make all my prayers null and void if they do not line up with Your will'. That is the ultimate trust!

(PRAYER) - “Father God I come to you in the Name of your Son Jesus Christ. I repent for the importance I place on self. I can put myself and my feelings first. I repent for making my walk about ‘me’ and not about becoming more Christ-like, and my purpose in You. I am sorry that many of my prayers come from a place of ‘need for self’ instead of from a place of ‘need for others’. Self is an idol in my life so I lay this idol at the foot of the cross. I repent for putting my life and what I want ahead of Your purpose in me. I repent for using Your gifts to obtain spiritual prominence. I repent for every wrong motive that I had for helping others. Help me to do things only in the name of love - loving You and loving others. I ask that You teach me to put others above my own needs, thoughts and feelings. I want you to give me an awareness of others and other’s needs. Take away the indulgences of myself so I can commit my path and ways in a manner that is pleasing to You. I renounce putting myself on a pedestal and I now place Jesus on that pedestal. I repent for putting ‘man’ and the concerns of what man thinks ahead of You. I repent for any belief I have that says I am okay without You, and the false belief that I don’t need You because I am in control of my own destiny. I now wish to die to self – in all ways. I lay down my flesh and pick up my cross and declare ‘I will follow You’. I ask that Your will be done in my life, not mine! I break the ungodly soul-tie attached to the world, myself and the anti-Christ spirit and command anti-Christ, idolatry of self, self-awareness, self-will and all demons that influence my flesh to leave in the name of Jesus Christ”.

Apathy – This is what I believe the Lord spoke to me one afternoon: - ***“There is a spirit of apathy over My children. Apathy is a strongman and with it comes laziness, procrastination, can’t be bothered, mediocrity and heaviness. Everything seems too hard. Trying to serve Me and do My works is too hard. People have lost their fight, their enthusiasm and their get up and go! They have stopped serving Me with gladness. My children need an impartation of joy. Do not sorrow, for the joy of the Lord is your strength” (Nehemiah 8:10). The joy of the Lord is your strength so you can serve Him in all things with gladness. Make a joyful shout to the Lord, all you lands! Serve the Lord with gladness; Come before His presence with singing. Know that the Lord, He is God; It is He who has made us, and not we ourselves; we are His people and the sheep of His pasture. Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him, and bless His name. For the Lord is good; His mercy is everlasting, and His truth endures to all generations (Psalm 100, NKJV). Time to remove this spirit. How does it come in? Not seeking Me with all your heart. Seek means to look for. Look for Me in all things. When things get too hard My children do not see Me anymore. They only see what is too hard. They offer Me lip service but their hearts are far from Me. This is false worship. Life becomes too hard. People are stuck in the doldrums. I came to give life, and give it in abundance. Enjoy life for My life is in you. If you are not enjoying life then you are not enjoying Me. Burst into song, start praising the Lord – I have given you worship and praise as a weapon. It destroys heavy yokes. It enables the Kingdom of God to breakthrough. Prioritise your life - put God first - ask Me to help you do it with gladness.”***

(PRAYER) - "Dear God I repent for laziness, procrastination and lack of joy in which to serve you with gladness. I repent that the standards in which I live by reflect laziness and do not glorify Your good name. I repent for false worship in which I worshipped You and loved You only with my lips when My heart stayed far from You. I repent that I quit enjoying life when life became too hard when You Lord Jesus gave Your life for me to have an abundant life. I did not see You in all things Lord, I only saw what the enemy wanted me to see. I was blind. Lift the scales from my eyes Lord and let me see You in everything. Light my fire Lord – give me life so I can serve You and look for You with all diligence. I repent for self-pity and pray for an impartation of Praise, Worship and Joy. Help me Jesus to do all things with gladness, peace, thankfulness and joy. Don't let the enemy steal my joy Lord. I praise You, I Praise Your Holy name and thank You for all things! I declare that the Lord is good, His faithful love endures forever. Every spirit of apathy, tiredness, 'can't be bothered', 'too hard', procrastination, laziness, mediocrity, heaviness, lacklustre, self-pity and all other demons with you I command you to leave in the name and power of Jesus Christ".

Control and Manipulation

(PRAYER) - "Dear God I repent and confess the sin of using control and manipulation as a means to get one's own way. Please show me when I am using this manipulative method. I break the power of manipulation and control and command you, as well as all demons with you to leave in the name of Jesus Christ".

False Fronts - The facade, the mask that we use to hide the real us.

(PRAYER) - "I repent in the name of Jesus Christ the sin of false fronts I have portrayed. I give you Lord Jesus permission to expose me to the world, the real me. Remove this facade that I have used to hide who I really am. Help me to be who I am predestined to be. I address all demons associated with false fronts and break every access point and command you to leave in the name of Jesus Christ".

False Dignity - Dignity is sign or token of respect. It is your badge of honour and should be worn correctly. False Dignity is a desire for external recognition in the form of approval and praise. It is also a demand to be treated with more respect because you believe you are right or esteem yourself as more important than others. God showed me that I operated in false dignity all the time. I was un-teachable, always believed I was right, strong willed, and had stubborn rebellious pride. My whole life I was never heard. God revealed to me that the enemy stole my respect. Every time someone criticised me, offended me or disagreed with me I would bristle up with self-righteous pride and fight tooth and nail to prove I was right, so I would be heard. He showed me that my reactions were not Christ like. He told me that even if I was right I should have politely thanked them for their opinion and walked away, giving it to Him to vindicate me, instead of arguing. If someone has offended you it is no excuse to react badly. We as Christians are to turn the other cheek. God told me

that I had to humble myself and say sorry to the people in my life that I had been contentious with. It didn't matter what part they played in their provocation for my responses, I had to take accountability for my responses and simply apologise to them. This was hard. My flesh wanted them to apologise to me as well. God wanted to give me back my respect so in order to obtain this I had to humble myself. ***If there are people in your life that you know you have reacted badly too, even if you were right in the disagreement, you need to take the high road and say sorry to them for your bad attitude and responses.***

(PRAYER) - "Dear God I repent for false dignity. I repent for the times I tried to exalt myself when the only person I should be exalting is You! There are times when I have not acted Christ like in my behaviour so I repent for my bad reactions when confronted by others who disagreed with and/or offended me. I repent for dishonour if it was to those in authority. Help me to react in humility, instead of hostility. Show me how to turn the other cheek. I command all stiffed neck stubborn rebellious pride and false dignity to leave in the name of Jesus Christ".

Claiming back your dignity - Dignity is defined as your self-respect. It is defined as the quality of being worthy of honour or respect. Many times you may feel insignificant and unimportant. You may feel that others simply don't see you. If we act in false dignity it is because your actual dignity has been stolen. How does it get stolen? Lack of pride and self-respect in oneself one of the reasons it was stripped from you in the first place. This may be because you have at some point in your life actually given away your self-respect. Only God can give this back to you. There are many ways we can give away our self-respect. Sexual promiscuity, drunkenness, debauchery, lying, manipulation, compromising values etc..... We may even give up our self-respect because we were coerced by someone else through fear to do so. Another way of having our dignity stolen from us is when we treat others with a lack of respect. The Bible tells us to treat others the same way we want to be treated (**Luke 6:31**). When your self-respect is missing other people will actually treat you differently because of it. Claiming back our dignity will result in people behaving differently toward us, and will even change how we see ourselves.

God returned my dignity one night and used my son to do it. I grew up with both my father and brother mocking me and never taking me seriously. I felt that they never really respected me. My son added to this mix and was in actual fact the worst culprit. He disrespected me terribly. God had revealed to me years earlier that He had given me a difficult son for a reason - of which I had no idea to the reason. When my son was almost ten one particular night he was treating me very rudely. The Holy Spirit came upon me and I rose up with a knowing of who I was in Christ and knowing that I deserved respect - not because I was better than anyone else but simply because God said that I was worthy. I pointed my finger at him and in a stern bold voice told my son that I was not going to take his lack of respect toward me anymore. I said to him "You will respect me because I deserve it!" My son broke down in tears and kept saying how sorry he was for how he had been treating me. Something broke in the spirit that day and I knew that God had given me back my self-worth. My son since that day has been much more considerate

toward me and others ever since. God had used my son to help me gain back my self-worth!

(PRAYER) - "Dear God I repent for the times I willingly and unknowingly gave away my self-respect. Dignity is a God - given gift which You bestowed upon me and I am sorry that I did not cherish this gift with the respect it deserved. I repent for the times I did not treat others with respect and in the way I would like to be treated. I especially repent for the lack of respect I have shown toward You God and those whom You have placed in authority over me. I forgive all those who coerced me and played a part in the removal of my dignity. I forgive also those who have not treated me with the respect I deserve. I now pray and ask You to return my dignity, which is my self-respect washed in the Blood of Jesus Christ so that I will never need to gain or earn my respect again. I ask for You to help me make wise decisions so I can guard and hang on to my dignity now and forever. Amen."

Vanity - *(To be obsessed with how you look, to love one self's image.*

Excessive pride in or admiration of one's own appearance or achievements).

Being proud of your achievements and taking pride in yourself and your work is good, but there is a fine line that is easy to cross. We can self-seek to gain exaltation from God or others. We when achieve good things we may go overboard in self-praise, or wanting praise from others, this is not good. As ambassadors of Christ we should all adhere to a standard of dress code because being presentable is good. I don't have a problem with dying hair colour, spray tans, modest makeup etc but there is a fine line between looking good, feeling good and vanity. Throughout my childhood I was teased for being ugly. It was one of the hardest things to endure. I was ultra-skinny, freckly and incredibly pale. When I became a teenager I discovered makeup, grew my hair and strived to look good. I would spend hours making myself look good. If I was ever seen without makeup people would mock me and comment on how I didn't look too flash without it. This set me up for disaster! I now will not answer my door unless I have makeup on and am presentable. I have spent my whole life hiding. The truth is I am ashamed of the real me. God is working on a strategy of healing this wound in me. He once asked me if there was a person in need of prayer and support at my door would I still hide and pretend I wasn't home if I wasn't ready, or would I put 'me' aside and minister to them anyway. Unfortunately I knew that I would probably still hide as the shame and embarrassment of how I look comes first. God showed me that this fear was an idol in my life because I put it ahead of my call in Him .

(PRAYER) - "Dear God I forgive all those who made me feel ugly, and all those who put me down. I repent for vanity and I confess that looking good before others has become an idol in my life. I repent for putting how I look above the call of God on my life. I relinquish this idol to You and lay it at the foot of the cross. I repent for seeking praise and approval, and for excessive boasting of my achievements. Father God help me to see myself as beautiful and acceptable. Help me to see what You see. Let the beauty of Christ shine in my outward appearance so I will have no need to be ashamed. Remove the fear of what others think of me so I can be a confident woman/man of God even when I am not perfect. Help me to love me for who I am,

and not what I or others think I should be. I command all demons who tell me I am ugly, and who are causing ugliness to leave in Jesus name. I command rejection, fear of rejection, vanity and 'fear of judgment of my looks' to leave with them in Jesus name".

Blessing Others - Have you ever noticed that the ways of the spirit seem to be the direct opposite to the ways of the flesh? Giving and blessing is one of those ways! ***Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you" (Luke 6:38, NKJV).*** We are taught in Christian circles the importance of giving and blessing others. I have had it taught to me that when you give expect that you will also receive. In fact make it a priority to bless and give so you too can be blessed. God showed me that I had a mind-set in regard to this. The ways of the world are always expecting to receive some kind of remuneration in exchange for what you do. The old 'I'll scratch your back if you scratch mine' is what the world lives by. He told me that the Kingdom principle of giving only works when you bless others because you **want** to bless. If you bless and help others because you expect to be blessed in return this is wrong. He told me that this was the mind-set in people today. Nobody wants to do anything with a willing heart anymore. We are taught that we should expect something in return. This creates wrong motives and a selfish and insincere heart. Greed is the chief motivator behind this.

(PRAYER) - "Dear God I repent for 'giving and blessing' to others from a wrong heart. I have not given or blessed according to Kingdom principles. I offered my services, blessings and good deeds to receive rewards, recognition and blessings from You and others. Help me to give and bless with a sincere and willing heart with no thoughts or expectations of a return in Jesus name. I command selfish ambition, selfish intent and greed to leave in the name of Jesus Christ".

Jealousy/Coveting - The word jealous means feeling or showing an envious resentment of someone or their achievements, possessions, or perceived advantages. The word covet means to yearn to possess (something, especially something belonging to another). ***A sound heart is life to the body, But envy is rottenness to the bones (Proverbs 14:30, NKJV).*** Many times we see God as unjust and unfair. We look enviously at other Christians and see Gods favour in their lives and wonder why God isn't showing us the same favour. We may even believe that God doesn't love us enough or love us as much as He loves others. This in turn can actually block us from receiving Gods love. The greatest thing God has for us is love so anything we are believing or doing can block His love because it is unbelief. Nothing stops Gods love from His end - it is our end that creates the blockages. What does the Bible say about God favouring His children one over the other? ***So the last shall be first, and the first last: for many be called, but few chosen (Matthew 20:16, NKJV). But glory, honour, and peace to everyone who works what is good, to the Jew first and also to the Greek. For there is no partiality with God (Romans 2:10-11, NKJV).*** What these Scriptures show us is

that God does not love one more than the other. In fact it appears that it is up to us to work with God so we can obtain the blessings He has for each and every one of us.

All unyielded areas are very difficult for God to bless. His Grace that He bestows upon each one of us individually which includes His love, gifts and blessings is based I believe mainly on our purpose in Him. He equips us according to what we need in Him to be successful for Him. ***But unto every one of us is given grace according to the measure of the gift of Christ (Ephesians 4:7, NKJV).***

For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith. For as we have many members in one body, but all the members do not have the same function, so we, being many, are one body in Christ, and individually members of one another. Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. (Romans 12:3-8, NKJV).

God loves us and wants to give us everything the Kingdom has to offer. The thing is He also loves everyone else as much as He loves us so needs to bestow upon each one of us what we need to equip us so we have a testimony that 'saves many'. Also whatever trial or struggle we are walking through we come out with a testimony of faith so we can scatter those seeds of faith to others. When we see God as unfair it can actually hinder us even more, especially if we complain or blame Him for things. ***Therefore the people came to Moses, and said, "We have sinned, for we have spoken against the Lord and against you; pray to the Lord that He take away the serpents from us."***

So Moses prayed for the people (Numbers 21:7, NKJV). This shows us that we are sinning against God when we complain or speak against what He is doing in our lives.

(PRAYER) – “I ask the Holy Spirit to show me any jealousy or coveting operating”.

"Dear God I repent for all jealousy I have had towards others and I repent for coveting things that others had which I didn't and wanted. I repent specifically for (*name them*). I forgive all those who are jealous toward me and ask You to bless them. I repent also for all the times I believed You didn't love me, or that You didn't love me as much as You loved others. I declare that You love me with everything You have and that You love all Your children with the same amount of love - there are no favourites. I repent that I was jealous of the favour you showed others when You weren't showing me the same favour. The Word of God says that the first will be last, and the last will be first. You are no respecter of persons, and You measure grace to each according to Your divine will and purpose — not favoritism — equipping us for what You've called us to do. In the eyes of man it doesn't seem fair, but Father God You are more than fair! I am sorry also Lord for all the times I complained or spoke against what You are doing in my life. Thank You for every blessing You have given me and my family and thank You for all the blessings yet to

come. I break every curse of jealousy that I have placed in operation and also those which are operating against me. I command all demons of jealousy, envy, coveting, complaining and all other demons who block me from receiving Gods love to leave in the name of Jesus Christ. I release life to the bones and the whole body in Jesus name”.

Pride - There are many forms of pride. Pride is defined as a feeling of happiness that comes from achieving something. When you do well at something you feel pride. Pride also acts as a verb meaning to 'be proud of'. You might take pride in your appearance or keeping your home clean and tidy. This is referring to the standards you have for yourself — your dignity. This is good pride. There is also Godly pride where we are confident in who we are and Whose we are. Pride can also have a negative meaning and refer to exceedingly high self-regard, boasting of our achievements or even when we are too proud to ask for help when we need it. Another bad form of pride is believing our own good fruit and righteousness are from our own work and not the work of the Holy Spirit in us. Pride can be also be hidden and can operate when people criticise or reject us, in the form of self-righteousness as a defence mechanism. This can be rooted in an inferiority complex. We may at times even think we are better than others. Rejection can also make us continually seek approval from others, where we crave praise and want people to exalt us. ***And whoever exalts himself will be humbled, and he who humbles himself will be exalted (Matthew 23:12, NKJV)***. Pride may even operate when we are shy in areas where we want to hang on to our dignity. Pride can also be a form of false humility where you humble yourself so that you might get exalted. False shame and self-awareness are another form of pride when we become embarrassed by things we needn't be.

(PRAYER) - “Dear God I repent for all ungodly forms of pride including false humility, false shame and self-exaltation. I repent for judging and believing I am better than others. I relinquish all pride to you Lord Jesus. I ask you to strip all ungodly pride from me. Please bring me to a place of true humility in order for you to fully reign in me. I break all forms of ungodly pride operating including false humility, false shame and self-awareness and command you, and all demons with you to go in Jesus name. Help me Lord Jesus to have pride in all things that are important to You and should be important to me. Restore to me all Godly pride so I can be proud of who You called me to be. I impart Jesus’ humility and humbleness in Jesus name”.

Self-righteousness - Righteous is defined as acting in an upright moral way; virtuous, correct, proper. Self-righteous is confident of one's own righteousness, especially when thinking you are righteous because of your own good works. ***But we are all like an unclean thing, and all our righteousness's are like filthy rags (Isaiah 64:6, NKJV)***. A self-righteous person may act superior to his peers because they believe their moral standards are better. We may even be judging others and trying to conform them into who we think they should be. Only God can mould us and others into the model of perfection. We are taking on the role of God if we are trying to do this in others. The Holy Spirit showed me that I needed to repent for trying to attain to righteousness by my own good works. This puzzled me because I

didn't think I had been. I knew that only by putting on the righteousness of Christ made me righteous. The good works I was doing I thought was because I knew the difference between right and wrong, so just did them. He then said to me "When visitors are coming why do you get into a mad panic to make the house immaculate before they arrive". I said to Him, "Because I am afraid they will judge me and think I am dirty or unkempt". "So then" He said, "You are striving in your own works to appear righteous! All men do good works to appear righteous on the outside". ***But Israel, pursuing the law of righteousness, has not attained to the law of righteousness. Why? Because they did not seek it by faith, but as it were, by the works of the law. For they stumbled at that stumbling stone (Romans 9:31-32, NKJV).*** We cannot become or be righteous by our own works. It is actually an insult to God to think we can. Only by the working of the Holy Spirit in us can we become holy and without blemish. ***That He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish (Ephesians 5:27, NKJV).*** Instead of striving to be righteous to appear good to others, strive in good works to resist the devil so he will flee from you. Keep the moral law of God because it's right, and you agree with it, and do 'good' things for others because you want to, not because you have too!

(PRAYER) – "Dear God I forgive all those who have judged me and made me feel inadequate. I repent for self-righteousness, especially when acting superior to others because of the belief I am better. I confess the sin of trying to make people into who I think they should be. I repent for striving in my good works to earn merit, approval and favour from You, and man. I do things to look good in the eyes of man. This is classed as striving in my own works to appear to be righteous. My righteousness comes from Christ being in me only! Nothing I can do will make me righteous. Help me in Jesus name to change my mind-sets so everything I do is for Your glory and because I am operating in love. I command striving to be perfect, self-righteousness and fear of judgment to leave immediately in the name of Jesus Christ".

Hypocrisy - The practice of professing beliefs, feelings, or virtues that one does not hold or possess; falseness. Jesus was always calling the Pharisees hypocrites. The Pharisees followed the law legalistically and judged and condemned others for not keeping the same standards as them. We too can be like this and it is called self-righteousness. Another form is keeping some of Gods commandments whilst negating others - ***"Woe to you, scribes and Pharisees, hypocrites! For you pay tithe of mint and anise and cumin, and have neglected the weightier matters of the law: justice and mercy and faith. These you ought to have done, without leaving the others undone. Blind guides, who strain out a gnat and swallow a camel! (Matthew 23:23, NKJV).*** Another example is when we judge others whilst forgetting to see the plank in our own eyes. The Holy Spirit showed me that I had been judging men my entire life for their sexual sins and pornography addictions when I myself had entered into sexual sin in the form of promiscuity and fornication before I met my husband and was married. My judgment of their sins when I myself was no better meant I was drinking judgment on myself. ***"Judge not,***

that you be not judged. For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you. And why do you look at the speck in your brother's eye, but do not consider the plank in your own eye? (Matthew 7:1-3, NKJV). We can even be hypocritical to God when we operate in our God given gifts, 'do works' and 'give to others' to appear Godly, when our intentions could come from a selfish heart for our own gain. It may be to seek approval from others, or God. It may be that we want to appear spiritually prominent. The Pharisees wanted to look good, it was all about self. **“Woe to you, scribes and Pharisees, hypocrites! For you are like whitewashed tombs which indeed appear beautiful outwardly, but inside are full of dead men’s bones and all uncleanness. Even so you also outwardly appear righteous to men, but inside you are full of hypocrisy and lawlessness (Matthew 23:27-28, NKJV).**

We too can operate in this especially in the area of false fronts. We may try to appear perfect on the outside whilst neglecting the inside. Another classic example of this is when the Pharisees questioned Jesus on why the disciples didn't wash their hands before eating. Jesus replied: - **Hypocrites! Well did Isaiah prophesy about you, saying: ‘These people draw near to Me with their mouth, and honour Me with their lips, but their heart is far from Me? And in vain they worship Me, Teaching as doctrines the commandments of men.’ ”When He had called the multitude to Himself, He said to them, “Hear and understand: Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man” (Matthew 15:7-11, NKJV).** Sometimes our heart doesn't reflect what we portray! We can even be doing this in our repentance. The Lord showed me that many of His people are merely offering lip service. They repent but have no actual intentions of truly wanting to give up the sin they are repenting for. True repentance is when we find a sin we are struggling with truly repugnant and cry out to God in disgust and ask for His help to stop the sin so we can be cleansed on the inside as well as the outside.

“Woe to you, scribes and Pharisees, hypocrites! For you cleanse the outside of the cup and dish, but inside they are full of extortion and self-indulgence. Blind Pharisee, first cleanse the inside of the cup and dish, that the outside of them may be clean also” (Matthew 23:25-26, NKJV). Another area of hypocrisy is when we give good advice to another and do not follow our own advice!

(PRAYER) - "In Jesus name I repent for hypocrisy. I am sorry for keeping only some of Your commands whilst negating others. I repent for judging the speck in others eyes without first seeing the plank in my own eye, especially when I was doing it in self-righteousness believing I was better than others. I repent for falseness; acting and doing the will of God in appearance, but inwardly doing the will of self. I repent for the appearance of moral righteousness when inside I was still unclean. I am sorry for giving advice on how to live and what to do without following my own advice. I truly repent for the times I offered only lip service in my repentance. Help me to truly hate all sin so I can repent from my heart. Help me remove all things from my heart Lord that don't glorify You. I command all spirits of self-righteous pride, hypocrisy, legalism, formalism, self and falseness to leave in Jesus name. **Create in me a clean heart, O God, and renew a steadfast spirit within me (Psalm 51:10,**

NKJV).

Blessed are the pure in heart, for they shall see God (Matthew 5:8, NKJV).

Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded (James 4:8, NKJV).

And everyone who has this hope in Him purifies himself, just as He is pure (1 John 3:3, NKJV).

Critical/Judgmental Spirit – ‘Judge not lest ye be judged’- (Reaping what we sow). The word judge means to form an opinion or conclusion about. The critical spirit is an attitude of criticism and fault-finding which seeks to tear down others. The critical spirit can generate curses coming into effect. It can open the door for chaos and strife to enter and can come in when we judge others, enter into hypocrisy (judging others whilst still having a plank in our own eye), gossip, back stab or even when we think we are more righteous than others because of our own self-righteous pride. This can be because we look for faults in others to make ourselves feel better. We may have even been offended by someone and back stab them to others as a defence mechanism – however this doesn’t make it right. If we have been judging others we can enable God to judge us with the same measure. ***For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you (Matthew 7:2, NKJV).*** When you judge others you are drinking judgement on yourself. There is a fine line between righteous judgment (which we are called to do), and self-righteous judgment. You can choose to see yourself through the blood of Christ where you are judged righteous, or you can choose to see yourself through the eyes that you yourself judge others. Righteous judgment is when we tell others the truth about themselves out of genuine concern for their well-being. We must judge only in love for one's own benefit to help them. It is all about the motive. Is it to help or to condemn? Is it done in love or malice? Do you believe whilst doing this that you are better than them?

Are you pointing out one’s sins because you can and feel it your righteous duty to, or out of compassion and concern that they are heading toward destruction? It is not our God-given right to judge people because we want to point out their sins, but it is our God-given duty to teach others Biblical principles of wrong and right to protect them. Righteous judgment can also be interpreted as judging what others are teaching. Does it weigh up with the Word of God and is what they are teaching sound doctrine? We need to discern anything we are being fed whether it is of God or not. God once showed me also that the critical spirit can affect our skin. Many skin ailments can be because of this. Healing may not come in this area until God has dealt with our hearts. ***My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; for they are life to those who find them, and health to all their flesh. Keep your heart with all diligence, for out of it spring the issues of life. Put away from you a deceitful mouth, and put perverse lips far from you (Proverbs 4:22-24, NKJV).*** When we are more infilled with the Love of Jesus, we then love

others through His love and operate out of His love with the right motive.

(PRAYER) – “Heavenly Father in the name of Jesus Christ I repent for all the times I judged and criticised myself and others, cursed, gossiped, was sarcastic, complained, found faults, back stabbed, were hypocritical, mocked, belittled and even had thoughts of myself being more superior or righteous than others because of pride. I forgive those who have judged me and my family. I (*name*) solemnly declare that I want to act, think, and speak as an ambassador of Christ. I put to death the old ways, the old mind-sets and all the judgmental, critical ways my mind sees in every situation. Instead I give Jesus permission to teach me and show me how to respond and act to every given situation that comes my way. I will now respond out of love. I ask You Lord Jesus to impart such a love for people into me that I will no longer see negativity and faults, but I will see people and every situation through the eyes of Christ. Righteous judgment is an authority given to me by Christ in that I am called to judge the world. Help me to see the difference between righteous judgment and self-righteous judgment. Help me to have a heart of compassion not condemnation. Help me to judge people out of genuine concern for their well-being and not from my own self-righteousness. I break all judgments and curses I have put upon myself and others in Jesus name. I break all judgments and curses that others have put upon me and my family in Jesus name. I address all critical/judgmental spirits, mocking, chaos, strife, arguments, division, hypocrisy, sarcasm, and pride and command you, as well as all demons with you to leave in the name of Jesus Christ”.

The 'In Crowd'/Fear of Man- The 'in crowd' I am referring to in this prayer is when one may be accepted and viewed as the coolest of the bunch, i.e.; a cool dude and incredibly popular or just when we simply blend in with what the others are doing regardless of whether it is right or wrong. We may want to stand out as one of the 'cool crowd' by doing things contrary to the ways of God to impress others. It can be for recognition, self-prominence, self-exaltation and approval from man. These are the ones we may describe as show-offs and always wanting to be the centre of attention. If we are not this way inclined and instead like to slip under the radar we can still do things that are contrary to the ways of God simply just to be accepted by others and appear 'normal' in the eyes of man. It is being of the world and doing worldly things to please man. We are taught to be people pleasers from an early age to keep the peace. We are taught not to rock the boat. We need to make a decision when we become a son/daughter of Christ to make choices and decisions to obey God and trust in His ways rather than man and His ways. ***The fear of man brings a snare, But whoever trusts in the Lord shall be safe (Proverbs 29:25, NKJV).*** God may give us a word or direction which can appear foolish to others. ***We are fools for Christ's sake, but you are wise in Christ! (1 Corinthians 4:10, NKJV).*** We may suffer persecution from others as they don't understand the ways of God and what God is doing with us. We need to remain strong and pray to God for strength to enable us to continue to do God's perfect will for us.

(PRAYER) - "Dear God I repent for doing all that was necessary to be in the 'in crowd'. I repent that recognition, approval, self-prominence and self-exaltation was

the thing that motivated me. I repent for allowing fear of man to be more important than fear of God. I repent for putting what man thinks ahead of obedience to You. I ask that You would give me a greater impartation of the 'Fear of the Lord' to drive out 'fear of man'. I give You permission Lord Jesus to make me a 'fool for You' so I can step out with faith to do that which You ask of me regardless of what 'man' thinks of me. I pray that You would help me to trust in You and I pray that You would impart Godly peace and strength when You ask Me to step out in faith and do something for You. I command fear of man, pleaser of man, pride and all other demons I received from wanting to be in the 'in crowd' to leave immediately in Jesus name".

Martha Spirit - Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus' feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me." And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her" (Luke 10:38-41, NKJV).

The spirit of distraction creates the Martha spirit. The Martha spirit is a spirit that keeps us so busy and distracted we are unable to come and sit before God. We are too busy! The spirit of "Martha" can be the overwhelming desire to work in a drive to impress. Martha was concerned about the opinions of others and totally devoted herself to "excellence for Jesus" instead of "relationship with Jesus." We will always have things to do of a "Martha nature", and we need to allocate time to these things but our focus on Jesus Himself is the eternal value. We need to put aside all works and come before Him and enter into His rest. Entering His rest is where we become renewed in strength and faith. Sometimes it is also as simple as receiving a prompting from the Lord that He wants to talk to you and coming and sitting at His feet as Mary did to listen to His words. I do this on numerous occasions.

(PRAYER) - "Dear God I repent in Jesus name for a Martha spirit. I have lost focus and spent energy on the things that seem important when of more importance is my relationship with You. Lord Jesus please help me to see distractions as distractions and not as priorities. Show me how to 'lay things down' and release these burdens so I can spend more time with You, just sitting in Your amazing presence. I command all spirits at the root of a Martha spirit, including distraction and 'being too busy' to leave in Jesus name".

Martyr – Definition: One who makes great sacrifices or suffers much in order to further a belief, cause, or principle. Being a martyr for God is an honour. The Martyr spirit is one who makes a great show of suffering in order to arouse sympathy. Martyrdom may also describe people who use self-sacrifice and suffering to control or manipulate their environment. Martyrdom can also be when any rejection or correction is perceived as the price we must bear to stand for the truth, when in actual fact; it is God trying to show us errors in our ways. This wrong belief can drive

us further from the truth and true correction. God does allow trials and tests but sometimes the enemy will keep us entrenched in that trial unnecessarily in a false belief that it is our 'walk' and we must suffer. Martyrdom and pleaser-based spirit can intertwine when you put others above your own needs whilst been detrimental to your own well-being. We may do this because of our need to please others and avoid condemnation and guilt when we let others down. We are supposed to put our purpose in God ahead of our own needs, and also love others as we love ourselves which means sometimes putting others ahead of ourselves, whilst other times putting ourselves ahead of others. We need to seek God always for that fine line of what is right and wrong.

(PRAYER) – “I repent Father God for being a martyr, especially when using it to control and manipulate situations. I am sorry also for the times I was corrected by You or others, and misconstrued this as the ‘price I must pay’ to follow You, and not received the correction I should have. I am sorry if I let others dictate to me what I should be doing, and did things to please them even when detrimental to my well-being. I break all martyrdom, false humility, pleaser-based, control and manipulation and command you, as well as all demons with you to leave in the name of Jesus Christ”.

Eating from the Tree of Knowledge - Eating from the tree of knowledge is when we actively 'seek' to know things outside of the will of God for us. God gives us revelation of both Him and Kingdom things, but this is in His timing, not ours. We as humans tend to want to know everything. We seem to not be content in waiting. The Bible says to 'Seek and ye shall find', but unfortunately not everything we seek, find and act upon is God-ordained. We can actually end up chasing rainbows and going on wild goose chases instead. Knowledge can also be a form of self-protection, in the sense that we don't have peace until we know and understand what the future holds for us, or even what God is doing at that present point in our lives. Sometimes God doesn't want us to know 'all things', He wants us to simply trust Him and walk in peace knowing we are kept perfectly in His hands. When we read and are interested in things we can actually sometimes open doors for spirits to harass us, especially if what we are reading is not in line with God's truth. I once was reading a website about a man who was a telepath (could read minds) and even though I knew his powers were occult a demonic spirit still came to me to try and tempt me into believing I could read minds. It tried it on with my cat. It spoke into my mind what my cat was supposedly thinking. Recognising it immediately as a demonic spirit I simply told it to leave in Jesus name and that I did not partner with its lies. If I had of accepted this power and believed it I could have ended up with this demon and permanent power of reading minds. The Holy Spirit then showed me that reading people's minds is simply when a demonic spirit speaks into one person's mind whilst also speaking into the other persons at the same time in the belief that they are reading their thoughts. It is demonic communication.

(PRAYER) - "Father God I repent for eating from the tree of knowledge. I have sought knowledge to see, to hear and to know for my own purposes. I have even

used knowledge as a means of self-protection to gain insight to experience inner peace. If seeking knowledge lead me on a wild goose chase and onto the wrong path, I repent and ask Your help to lead me back onto the right path. In Jesus name I ask that You would take out the worldly knowledge and replace it with Your knowledge. I repent for anything I have said to others in the wrong knowledge, and ask that You would replace it with the truth. Help me to be at peace even when I don't know all things, and to trust in You who of course **does** know all things. In Jesus name I command all ungodly knowledge and all demons who harass me due to eating from the tree of knowledge to go"!

Passing the Buck - Passing the buck is when we blame others for our mistakes. We can even blame satan for our sins, but at the end of the day it is us who makes the choice to sin. Many Christians believe that when they sin, the sin isn't theirs. The following Scripture spoken by Paul confirms this. ***But now, it is no longer I who do it, but sin that dwells in me (Romans 7:17, NKJV)***. But then we read the following two: ***If we say that we have no sin, we deceive ourselves, and the truth is not in us (1 John 1:8, NKJV)***.

He who sins is of the devil, for the devil has sinned from the beginning. For this purpose the Son of God was manifested, that He might destroy the works of the devil. 1 John 3:8, NKJV. Sin belongs to the devil. Our flesh is enslaved to sin until it is crucified by the born-again spirit. The flesh wants to do the opposite to the born-again spirit. Once you come into agreement with sin, and make a choice to enter into it, you need to be accountable for your choices. We need to stop making excuses, take ownership of our wrong choices and repent. The Good news however that is the Bible tells us that Christ has destroyed sin? Paul separated the spirit and the flesh. There is a new "inward man" and Christ has already destroyed the works of the flesh. We became sinners through inheriting sin from Adam. This is what Paul knew: that Adam made him a sinner (through the flesh) and Christ made his spirit righteous. ***(Romans 5:12, NKJV) "Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned"***.

(Romans 5:19, NKJV) "For as by one man's disobedience many were made sinners, so also by one Man's obedience many will be made righteous". Next time you have a war between the spirit and the flesh remember Christ has already destroyed the works of the devil.

Paul knew he had been made righteous by Jesus Christ. Jesus gives us His righteousness but our flesh needs to be re-shaped and moulded to come into alignment. The righteousness of Christ does this, not us. Our flesh will bow down to this righteousness when we understand the power of it. ***I say then: "Walk in the Spirit, and you shall not fulfil the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. But if you are led by the Spirit, you are not under the law" (Galatians 5:16-18, NKJV)***. Daily declarations of the Word of God over our lives and circumstances enable empowerment of the Spirit to crucify the flesh. Your body serves two Kingdoms.

Whatever you choose to focus on determines the Kingdom with the reigning power.

(PRAYER) - "Father God instead of repenting to You for the times I shunned my responsibilities, entered into sins, and made mistakes I chose to blame others. I even blamed the devil for making me do it, when clearly although he tempted me I was the one who chose to do wrong. I now stand up and confess as sin all the wrong decisions and choices that were made and take responsibility for them and repent. Every demon who stayed because I refused to take responsibility and repent I command you to leave in Jesus name".

Impatience/Lack of Self Control – Impatience, running ahead of God and lack of self-control such as anger, addictions etc.; can operate in many other areas of our life. To obtain self-control one must first relinquish all control to Jesus. When we submit self-will to God, His will can be done, not ours, then the fruit of the Spirit self-control can start to operate. There has to be first a laying down of the flesh. Running ahead of God can be doing what we believe is right, only to find we are doing things in our own strength and totally abandoning God's will. This can be due to over-excitement, lack of patience, lack of Godly wisdom and even desiring spiritual prominence. The Bible tells us to be zealous but unfortunately I was overzealous. This overzealousness was one of the major holds of the Leviathan spirit that God wanted to deliver me from. My flesh was over-excited. Instead of using wisdom and God's timing to reveal the revelations He had given me I did so carelessly, immaturely and in my timing. Instead of producing fruit from these revelations people started to become weary and cautious of me because they were not ready to 'hear' what God was saying. My heart has always been to help others but I was very much aware that there was also an element within me that desired self-recognition and the lime light. This was from wounds of inferiority and lack of self-worth. Not only would I seek to glorify God but I would love to glorify self too. I needed to repent to God as well for viewing His glory and works as an idol. I put the need for these things ahead of God because they were exciting when I should have been content with just simply being with and knowing God. I would pray regularly to God for manifestations of His presence lest I become bored. Manifestations of His presence should always be for His glory, not our own selfish desires.

This is a word the Lord once spoke to me:- ***"No matter how long one must wait for their promises if not done in total obedience without complaining or lack of trust it is still classed as impatience. My children are impatient. They cannot wait. It is hard for My children to wait. The flesh waits for no one! But wait you must for My timing. In fact impatience is the hardest thing to outwork in My children. To take on the patience of Christ it must be exchanged for the impatience of man"***. Interestingly in the King James Bible the word for patience regarding the fruits of the Spirit is longsuffering!

(PRAYER) – "Father I repent for impatience, self-will, complaining, lack of trust in You and lack of self-control. I repent for acting impulsively and making rash decisions without thinking of the consequences. I repent for the times I ran ahead, didn't wait on You and interfered with Your plans. These actions were due to trying to

satisfy the flesh, and also because I had unbelief to simply wait on You. I am sorry that the thrill of 'Your manifest presence' became an idol in my life when I should have been content with just having 'You'. I hand the reins of control over to You Lord Jesus. I pray that You would help me exercise self-control so I can be in control of myself, to resist all temptations of the enemy. I lay all worldly wisdom and worldly decisions at the foot of the cross and pray for an impartation of Your wisdom in Jesus name. I speak to every spirit of control, self-will, impatience, impulsiveness, no self-control, hastiness, self and recklessness and break every hold and command you and every demon with you to leave in the name of Jesus Christ of Nazareth. I release patience, self-control, Godly wisdom, true discernment and the will of God in Jesus name. ***For you have need of endurance, so that after you have done the will of God, you may receive the promise" (Hebrews 10:36, NKJV).***

If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him (James 1:5, NKJV).

Pleaser – This is people who bend over backwards trying to please others, usually for approval, and can sometimes be a form of control and manipulation either from ourselves to get others to love us more, or others in a bid to guilt trip us into doing things to make them happy . There is a fine line between loving others (as this is what we are called to do), and becoming either a doormat - being walked all over, or being all about self and what we can get in return. (The road to God is narrow). It is about finding a balance. Jesus put everything He had into the needs of others, but even He used to take Himself away for timeout. The Bible says to 'love others as you love yourself' - there is a fine line as sometimes putting others above our own needs can be detrimental to us. Pray to God for wisdom and discernment in regards to finding this balance.

(PRAYER) – “Dear God in Jesus name I repent for being a people pleaser, especially when it was for the wrong reasons. Pleasing man and trying to keep others happy should always come second to obeying You. I ask for wisdom and discernment to bring a balance, so I am neither a pleaser nor neglectful of other’s or my own needs! Help me to love myself as I love others so I can love others whilst maintaining my dignity, health and well-being. I break and command all pleaser, control and manipulation, martyrdom and all demons with you to leave in the name of Jesus Christ”.

Self-Sufficient Spirit -The Online Free Dictionary describes self-sufficient as able to provide for oneself without the help of others; independent. Self-sufficiency is false protection. We may have a mind-set of believing that it is weak to accept help from others. Traumas and bad things can make us so determined not to be a victim anymore that we can actually shut out God and others. If God sends someone to help us, we may shut them out and refuse their help thinking we can do it our self, this in turn is ultimately shutting out God also, and who sent the help in the first place.

God wants us to be totally submitted to Him. Part of trusting God is 'not' knowing all things. Humans want to know things; we want all the answers so we feel secure in that knowledge. We can run here, there and everywhere seeking answers when in actual fact sometimes God just wants us to rest in Him and in the knowledge He has us and will direct our paths. Seeking knowledge helps us make decisions. We fear the unknown. It makes us uncomfortable. Seeking knowledge in itself is not bad but sometimes it can become obsessive and we can put seeking God in other things ahead of actually just resting. Faith is trusting in what you cannot see. It is trusting God that 'all things work together for good'. It is being secure in the knowledge that God is in control no matter what the situation is telling us.

The self-sufficient spirit doesn't trust anyone as much as they trust them self. They need to be in control of everything as it is their safety net. Sometimes we think we can control God because we think our way is better. We may try and dictate to God our terms and conditions. The reason for this self-sufficiency is because our soul and spirit are separate. Before the fall spirit and soul were in oneness and unity. We are spirit, soul and body. God is one God in three – Father, Son and Holy Spirit. We are also three parts just like God but sin caused the soul and spirit to become separated. The Godhead although three is not separate for to separate means to pull apart. We were not separate either until the fall. God separated the heart of man (soul) from his spirit because it was wicked. ***For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart (Hebrews 4:12, NKJV).*** God's ultimate aim is the conjoining of man's spirit (which contains the Holy Spirit) back together with the cleansed and sanctified soul (heart). Man and God become one! This is known as walking in the fullness of the Glory of God.

For He Himself is our peace, who has made both one, and has broken down the middle wall of separation, having abolished in His flesh the enmity, that is, the law of commandments contained in ordinances, so as to create in Himself one new man from the two, thus making peace, and that He might reconcile them both to God in one body through the cross, thereby putting to death the enmity. And He came and preached peace to you who were afar off and to those who were near. For through Him we both have access by one Spirit to the Father (Ephesians 2:14-18, NKJV). Although this Scripture is in the context of the separation between Jews and Gentiles the Lord showed me that this also depicts the division between soul and spirit. The word 'separation' is actually partition in the KJV and means **Phragmos** in Greek which is 'That which separates. Prevents two from coming together'. The word 'man' in this Scripture in Greek is **Anthropos** and means 'To distinguish man from a different race. Two fold nature of man. Jesus removed that dividing wall at the beginning of our salvation so that the Holy Spirit could enter the heart/soul of man to provide a means in which spirit and soul could become one again and restore the relationship between man and God. This is depicted when Jesus was crucified and the veil to the temple was torn. This veil represented the dividing wall. When man was separated from God, satan placed a counterfeit aide of re-joining the soul back together again with a counterfeit cord/twining which stiches man's spirit and soul together again from top to bottom. Man no longer had God so accepted this as a coping mechanism that enabled us to

cope when we were separated from God. The cord is the spirit of self-sufficiency and is an ungodly soul tie to self. It is false protection. It is trying to control our situations and environments through self-sufficiency - refusing help from others and refusing to be vulnerable. This spirit is part of the Jezebel/Matriarchal spirit. The Matriarchal spirit tries to control and dominate. This usually stems from fear and trying to self-protect. Self-sufficiency is antichrist as it wants to go it alone without Jesus. The Holy Spirit gave me a vision of the ungodly soul tie hanging out from the top of people's heads, much like the wick or cord of a candle. In the Tabernacle there was a golden candlestick on the lampstand. The candlestick had seven branches each with a wick and burned using oil. The candlestick represents the light of Christ. The light of Christ burns within each one of us and is in our human spirit.

The spirit of a man is the lamp of the Lord, Searching all the inner depths of his heart (Proverbs 20:27, NKJV). The Holy Spirit showed me that the counterfeit cord acts as a counterfeit wick which is attached to a counterfeit light. The counterfeit light is a demonic spirit within our soul posing as a 'false Christ'.

(PRAYER) - "In Jesus name Father God I repent for self-sufficiency. I repent for not allowing myself to be vulnerable and for believing I can do all things in my own strength. I can do all things through Christ Who strengthens me. I lay 'self' at the foot of the cross and release this false protection to You. I sever the ungodly soul tie I have formed with myself in Jesus name and command every demon involved with that soul tie to leave including fear of the unknown, impatience, control and domination. I speak to the self-sufficient spirit and tell you I no longer want to partner with you. I partner with and release 'partnership with Jesus'. Help me to seek only that which You want me to know. Show me when I am seeking outside of You. I command self-sufficiency, matriarchal, independence, stubborn, rebellion and pride to go in Jesus name. I command all false Christs to leave also in Jesus name. I impart the fruit of the spirit 'patience' in Jesus name and ask You Father God to fuse my spirit and soul back together in complete wholeness".

If someone is with you ask them to pull the counterfeit cord out and lay it at the foot of the cross. If by yourself ask Jesus to remove it from you.

A Call to Holiness - I have come under many sermons on the Grace of God and how His empowering favour is upon us. As I sat under yet another one of these teachings, I found myself becoming very annoyed. Where are the teachings on God's holiness and how we should be holy as He is holy. Why are people not teaching on how we are meant to become like Christ? I am not negating the love and grace of God and what it covers but I almost feel that too many of these teachings without the balance of how a follower of Christ should live give too many a green light to walk in the flesh.

The Bible tells us to walk in the Spirit and not in the flesh. I have heard many proclaiming that there is now no more condemnation to those who are in Christ Jesus – but what about the rest of the Scripture? The part that talks about setting your minds on the Spirit and allowing Him to lead you and if living by the power of the Holy Spirit you need to be habitually putting to death the sinful deeds of the body

(Romans 8:1-14). **Romans 8:1-14** tells us if we have the Spirit of God in us, we are not in the flesh. Many take this to mean that we are so covered by the Grace of God that we can do anything we like and nothing will expose us to the devil or his consequences because we have the Holy Spirit in us and we are protected. This couldn't be further from the truth. ***Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil (Ephesians 4:26-27, KJV).*** The word place in Greek is **Topos** and means opportunity, power, occasion for acting. When we sin we give power to the devil. This means the devil has the right and power to afflict us in our lives. When the word of God tells us that we are not 'in the flesh' because we have the Spirit of God in us what this means is we have a helper. We are working with the Holy Spirit to put to death the deeds of the flesh. He is always working in you, convicting you and leading you away from sin and into Holiness.

I have also heard followers of Christ proclaim that now we are Christians we can no longer sin. ***Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God (1 John 3:9, KJV).*** This Scripture says that we can no longer commit sin when we have the Spirit of God and upon first glance it may appear that way. Some may also believe that grace covers all their sins so you know longer have to worry about sin. Is this really what this Scripture means? ***If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us (1 John 1:8-10, KJV).*** This Scripture says the complete opposite of the first one. The Berean Literal Bible explains the first Scripture more clearly. ***Anyone born of God refuses to practice sin, because God's seed abides in him; he cannot go on sinning, because he has been born of God.*** What this Scripture is really saying is it is very hard to sin wilfully as opposed to sinning in weakness (with remorse) because of the conviction of the Holy Spirit. The Bible gives us grave warnings about sinning wilfully. I believe this can happen only when you quench and do not follow the conviction of the Holy Spirit. ***For if we sin wilfully after that we have received the knowledge of the truth, there remaineth no more sacrifice for sins, But a certain fearful looking for of judgment and fiery indignation, which shall devour the adversaries. He that despised Moses' law died without mercy under two or three witnesses: Of how much sorer punishment, suppose ye, shall he be thought worthy, who hath trodden under foot the Son of God, and hath counted the blood of the covenant, wherewith he was sanctified, an unholy thing, and hath done despite unto the Spirit of grace? For we know him that hath said, Vengeance belongeth unto me, I will recompense, saith the Lord. And again, The Lord shall judge his people (Hebrews 10:26-30, KJV).***

How many people are encroaching into this territory because they are not holding themselves accountable for their unrighteous behaviour and continuing on in it without fear of God or remorse? ***What shall we say then? Shall we continue in sin that grace may abound? Certainly not! How shall we who died to sin live any longer in it? (Romans 6:1-2, NKJV).***

What does the Bible class as walking in the flesh? ***Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions,***

heresies, Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God (Galatians 5:19:21, KJV). How many people are suffering affliction and unable to be healed or set free because these things have become a blockage to them receiving the healing power of God. I believe that repentance and a call to walking in God's holiness needs to be brought back into the body of Christ. Too many people have fallen into complacency.

There are also many today in the Body of Christ who believe Jesus abolished the Ten Commandments and that they are not applicable for believers today. I believe this is incorrect. The only exception to this is the Sabbath day. There seems to be no command for believers in the church age to observe the Sabbath as a day of rest or worship anymore. **Colossians 2:16** actually appears to release the believer from the Sabbath rule. According to **Hebrews 4:1–11** Jesus has become our rest. We need to cease from our own works and enter into His. It is about total trust in Jesus.

In regard to the Ten Commandments Jesus abolished the Old Covenant way of being saved which was following the law to the letter and coming under a curse of death and separation from God if you did not. Jesus took away the **curse** of the law which was eternal death and separation from God - not the law itself. He removed the curse for not following the law and instead enabled us to be partakers of the blessings through Jesus that God promised to Abraham, Isaac and Jacob. When you accept Jesus as your Lord and Saviour you are then eligible to partake of these blessings. God's moral law of right and wrong however is how He still wants His believers to live. **Wherefore the law is holy, and the commandment holy, and just, and good (Romans 7:12, KJV).** Jesus even added one new commandment to love one another as He loved us (**John 13:34**) and showed us that this commandment and the commandment to love God with all our heart, soul and mind summed up all the commandments. **"On these two commandments hang all the Law and the Prophets" (Matthew 22:40, KJV).** In **Revelation 12:17** faithful members of the Church are identified as those 'who kept the commandments of God'. Throughout Paul's writings we see many times over his instructions to keep commandments that are part of the Ten Commandments to his followers. (**Romans 13:9, Acts 15:20, 1 Corinthians 6:9-10, Ephesians 6:2, 1 Timothy 1:8-10, 1 John 5:21, 1 Peter 4:15, Ephesians 4:28, Colossians 3:4**). Keeping the commandments of God does not save us (only faith in Jesus saves us) but it helps us to resist the devil so he flees from us. Keeping His commandments means the devil has no power over us. The devil can still afflict us in our flesh when we walk in sin. Keeping His commandments is about protecting your flesh from affliction. As you walk with Jesus and follow the leading of the Holy Spirit, as you turn from your wicked ways curses and afflictions are removed from you and instead of those curses you inherit the blessings. To receive these blessings you go through Jesus. You go through Him by giving Him 'you', all of you! In the Old Testament trying to receive the blessings of God through the law brought nothing but death. **For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death (Romans 8:2, NKJV).**

But now we have been delivered from the law, having died to what we were held by, so that we should serve in the newness of the Spirit and not in the oldness of the letter (Romans 7:6, NKJV). We do not go through the old system of keeping the law to gain access to our inheritance. Faith and belief in Jesus releases these Heavenly blessings to you. Adhering to the commandments which includes the moral law of God is about protecting you rather than rewarding you.

Healing comes when Jesus remits the sin through His Blood and your inheritance is released as you lay down your life and enter into the resurrection life of Jesus.

For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit (Romans 8:3-4, NKJV). Interestingly even though Jesus fulfilled the requirements of the law so we could be saved through Him He still also wants to fulfil the righteous requirement of the law in us and this can only happen (according to this Scripture) when we walk according to the Spirit. He wants to put to death the old us and recreate a new us that is in the image of Himself. ***For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled. Whoever therefore breaks one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but whoever does and teaches them, he shall be called great in the kingdom of heaven (Matthew 5:18-19, KJV).*** Before Heaven and Earth pass away (which happens when Jesus returns and judges the world) not one jot or tittle will pass from the law till all Jesus came to do is accomplished. After all He is coming back for a bride who is spotless and without blemish (***Ephesians 5:28***).

After I had pondered all of this and typed my thoughts and understandings down I decided to ask God what He thought of it all. The very next day I received this word and this is what I believe I heard the Holy Spirit spoke to me ~

“Where is My Holiness? In the Old Covenant people had to attain holiness and righteousness to be saved. Under the New Covenant you are saved by faith through My grace by believing in the works of Jesus. Faith in Jesus is all you need to achieve My favour – which is My empowering grace. Grace is taught throughout the Churches and My grace is good, but are people taking My grace for granted? Yes they are. There are dire warnings throughout the Bible to those who continue to walk in the flesh. Holiness is still a requirement that I expect from My Children for they are spokespeople to the works of God. Their fruit should be set to holiness. But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life (Romans 6:22, KJV). Why are followers of Christ blending into the world instead of standing out against the world? Mediocrity! Mediocrity and compromising the word of God has come into the Church. No one wants to ‘rock the boat’ or promote a message that can be construed as critical. How can preaching holiness be critical? There is no condemnation to those in Christ Jesus who walk not according to the flesh but walk in the Spirit. Walking in the Spirit is being lead by the Spirit. I do not expect you to be walking in perfect holiness the moment you are born-again, but believing it doesn’t matter if you are not goes against My values and principles. It does matter and it matters a great deal.

Although you are saved through believing in Christ if you don’t live a Godly life good and pleasing to God you reap death into your flesh. If you live by the flesh you die by the flesh. The flesh (if walking in the flesh) is not filled with life – instead it is filled with death. You will not reflect life. Godly living brings

life. The good things of God are attained by walking in the light as He is in the light. The light illuminates those things that are dark and brings them into the light so you and God can deal with them. Things need to be exposed and can not be dealt with if they remain hidden. This then is the message which we have heard of him, and declare unto you, that God is light, and in him is no darkness at all. If we say that we have fellowship with him, and walk in darkness, we lie, and do not the truth: But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin (1 John 1:5-7, KJV).

Although My grace is good, trusting only in My grace to do it all for you is not. There are also things as a follower of Christ that I need for you to do. Put off the old man and put on the new. You need to work with Me in partnership so I can recreate a brand new Christ-like version of you. I am coming back for a Holy Bride – one who is sold out for Me and who wants to become like Me. Although salvation is a free gift people don't understand to accept Me as their Lord and Saviour means they are entering into My life. My life for your life. He who finds his life will lose it, and he who loses his life for My sake will find it (Matthew 10:39, NKJV). It is through the exchanging of our lives where you are made new. Before you can be made new you must first die to your old self. Verily, verily, I say unto you, Except a corn of wheat fall into the ground and die, it abideth alone: but if it die, it bringeth forth much fruit (John 12:24, KJV). These things are not being freely taught for it is not comfortable to those who hear this message. The road to God is narrow – great and wide is the road to destruction. If people keep continuing to quench My Holy Spirit and not listen to His leading and instead listen to the things that 'tickle their fancy' they are entering into trampling the Spirit of Grace underfoot where My sacrifice no longer covers their sins.

The Body of Christ is in a mess – the world is in a mess. I am bringing forth a people who are sold out for Me – ones who are willing to stand for My truth no matter how uncomfortable the message may be. The Holy Spirit is bringing back conviction. Listen to Him. This is not to condemn, but empower and save. There are so many who are sick and struggling. Sin can be the cause of this. My grace does not cover their sin if they refuse to listen to the conviction of the Holy Spirit. I choose not to empower them because of their disobedience. But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble (James 4:6, KJV). In accordance with the New Covenant the way I save people in their sins has changed but the way I want people to live has not!"

After writing this I felt to also address another issue about Grace. **You have become estranged from Christ, you who attempt to be justified by law; you have fallen from grace (Galatians 5:4, NKJV).** There are many who still try to keep the law to earn their salvation or favour with God. This is also wrong. We are justified (made right with God) by the works Jesus did on the Cross. This Scripture tells us that we can fall from Grace when we try and keep His law to gain our salvation because the only way to be saved is through Jesus Christ. No works of righteousness on our behalf can earn our salvation. Paul teaches in Ephesians that we are justified by faith alone, while James teaches we are justified by faith plus works. This means we cannot be justified (made right with God) by our own 'good

works'. It is only Jesus working through us that our good works are counted as righteous, and our faith made perfect. ***Do you see that faith was working together with his works, and by works faith was made perfect? (James 2:22, NKJV).***

To recap and simplify these messages into an easier way to understand I have made the following bullet points:

- We are saved and go to Heaven and gain God's approval, grace, mercy, blessings and favour simply by believing in Christ's work on the cross and accepting Him as our Lord and Saviour. All these things as followers of Christ are our inheritance.
- If we walk in the flesh we can be afflicted in our flesh. Walking in the flesh can become a blockage to God's blessings. We need to resist the devil by following God's commands and laws so he flees from us. If we sin we give him power over us. Instead of blessings we may receive affliction and curses. We then need to repent and walk in the Spirit following the leading of the Spirit. We need to stay close to Jesus and His Holy Spirit. If we quench the Spirit and ignore Him when He convicts and instructs us, we run the risk of wilful sinning which tramples the Spirit of Grace underfoot and no sacrifices are left to save us.
- If we **strive** to walk in the commandments of God to earn our salvation, approval, justification, blessings, favour, or rewards we can then fall from Grace. We should follow the commands and law of God simply because it is **right, Holy, good, protective, and a form of worship to God**. Doing this is also faith with works. We show our faith in Jesus by our good works. If we have weakness in our flesh and do things that are contrary to God's law as long as you are remorseful and give these things to Jesus He will aid in your deliverance and freedom from these things. It is about partnership. Christ in you doing the work through you so you can become a 'new you'. You are set free through Christ not from following the law. ***Are you so foolish? Having begun in the Spirit, are you now being made perfect by the flesh? (Galatians 3:3, NKJV).***

You heard and believed the message of truth, the Good News that he has saved you. In him you were sealed with the Holy Spirit whom he promised. This Holy Spirit is the guarantee that we will receive our inheritance. We have this guarantee until we are set free to belong to him. God receives praise and glory for this (Ephesians 1:13-14, (GWT).

(PRAYER) – “Father God in Jesus name I repent for taking Your grace for granted. If I have sinned by not following Your commands, I repent. Help me to follow the leading of the Holy Spirit. I ask You Holy Spirit to help me avoid walking in the flesh. I am sorry for any belief that Your commands (especially the Ten Commandments) are null and void. I understand that I am saved by faith in Your Son Jesus Christ and no works of righteousness on my behalf can save me or gain me Christ's inheritance. Christ's inheritance is released to me as I yield and surrender my life to Him as my Lord and Saviour. Although I am not yet perfected in my flesh I ask that You would continue to complete the good work until the day of Jesus Christ, Amen.”

Post Deliverance Infilling Prayer - "I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. *(Pray specifically for all ailments)*. I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".